about shelagh & shecooks.design

Shelagh has a passion for all things food. As both a designer and now chef, Shelagh has art-directed food publications and produced logos, packaging, and branding for multiple small food businesses. Shelagh opened SheCooks, a whole grain baking mix business, in 2006, supplying the Twin Cities area with delicious, healthy, and locally-produced mixes. Shelagh teaches cooking classes and develops recipes (and makes her neighbors happy!) in her home kitchen. Shelagh attended and earned a certificate from the Dublin Cookery School in Blackrock, Ireland, 2020. Shelagh is a bonafide Hibernophile (a lover of all things Ireland/Irish)!

SheCooks.Design is a creative food studio and recipe website designed around local food, drink, and happy entrepreneurs. SheCooks.Design focuses on whole, real foods, using local ingredients and brands.

Cancellation Policy: Please understand that a lot of time and resources go into the advanced preparation for a successful class. If you cannot book enough people, a minimum of two (2) weeks’ notice is required for a change of date or cancellation; a 20% cancellation fee will apply. If canceled within two (2) weeks or less, the class payment is forfeited.

contact shelagh and let’s cook together!

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