



holiday parties  
birthdays  
anniversary  
wedding gifts  
bridal showers  
or you just want to learn!

**corporate clients:**

Land O' Lakes  
CarVal Investors  
Thrivent

Women Who Really Cook  
Cooks of Crocus Hill  
St. Paul Rotary  
Clutch  
University of St. Thomas  
MN Lawyers Mutual  
Christ Child Society, D.C.  
Irish Fair Minnesota



*corporate (in-person) cooking classes*

- \$800 + the cost of groceries. Up to 8 adults
- Class is 2-2½ hours long
- We will have a phone chat and agree on a date and time for your class. We'll talk about what you and your team want to learn. Shelagh accommodates all kitchen skill levels
- For class ideas, [click here](#). Your choice. I'm here to help you with your corporate cooking conundrums
- We meet via at the agreed time, in Shelagh's newly renovated St. Paul kitchen, don our aprons, cook and learn!

*guaranteed fun for your group!*

*about shelagh & shecooks.design*

Shelagh has a passion for all things food. As both a designer and now chef, Shelagh has art-directed food publications and produced logos, packaging, and branding for multiple small food businesses. Shelagh opened SheCooks, a whole grain baking mix business, in 2006, supplying the Twin Cities area with delicious, healthy, and locally-produced mixes. Shelagh teaches cooking classes and develops recipes (and makes her neighbors happy!) in her home kitchen. Shelagh attended and earned a certificate from the Dublin Cookery School in Blackrock, Ireland, 2020. Shelagh is a bonafide Hibernophile (a lover of all things Ireland/Irish)!

SheCooks.Design is a creative food studio and recipe website designed around local food, drink, and happy entrepreneurs. SheCooks.Design focuses on whole, real foods, using local ingredients and brands.

**Cancellation Policy:** Please understand that a lot of time and resources go into the advanced preparation for a successful class. If you cannot book enough people, a minimum of two (2) weeks' notice is required for a change of date or cancellation; a 20% cancellation fee will apply. If canceled within two (2) weeks or less, the class payment is forfeited.



contact shelagh and let's  
cook together!

**shelagh geraghty mullen**

651.271.6919  
hello@shecooksdesign.com